



VIDEO: INVITE, NURTURE, PARTNER

Discussion Questions:

- What do we mean by the term “capacity”?
- Are there ways in which stereotypes of what it means to be a woman have been harmful for you?
- How are the definitions of invite, nurture, and partner different than what you may have assumed?
- In order to be a strong ally, we need to be in relationship with others where we can demonstrate these capacities. What relationships are benefiting from your ability to invite, nurture, and partner?
- In what ways are these descriptions helpful to understanding what it means to be strong for others?